

Dear Rock Bridge Elementary Families,

At RBE we are committed to the whole child and their family. Because of our belief that children learn better when their needs are met, we wanted to reach out and let you know of some resources designed to help children and families.

We are certainly in unprecedented times and many families find that accessing resources is more important than ever. We are committed to helping families confidentially access any resources that might be helpful. Some commonly accessed resources are below.

Contact Information

Ryan Smith
School Counselor
RySmith@cpsk12.org
573-214-3290

Tabitha Kimble
Home School Communicator
TKimble@cpsk12.org
573-214-3290

Michelle Pratt
School Nurse
MPratt@cpsk12.org
573-214-3290

**The following is not an exhaustive list. Please reach out to Ryan Smith (School Counselor), Tabitha Kimble (Home School Communicator), or Michelle Pratt (School Nurse), as needed.

Food and Meals

Coordinated by RBE

- Buddy pack program (contact Home School Communicator, Tabitha Kimble)
- All virtual students are eligible for school meals. More information will be forthcoming. Please contact your Home School Communicator, as needed.

Community Resources

- Central Missouri Food Pantry 573-874-7848
drive through pick-up
<https://sharefoodbringhope.org/central-pantry-boone-county>
- SNAP (Food Stamps) 855-FSD-INFO
Missouri Department of Social Services
<https://dss.mo.gov/covid-19/>

Clothing

Coordinated by RBE (contact Ryan or Tabitha for assistance)

- The Wardrobe
Choose free clothing during shopping hours on Tuesdays. Requires a referral from the school counselor.
- Shoe Coupons
\$5 shoe coupons purchased at The Wardrobe are good for \$40 valued coupon at Shoe Carnival for eligible families (based on income). Available with a referral from the School Counselor or Home School Communicator.

(Clothing con't)

- Operation School Bell
Offers new school clothes and winter coats to selected children attending Columbia Public Schools. Requires a referral from the School Counselor or Home School Communicator

Community Resources

- Goodwill 1405 Grindstone Pkwy (573) 442-4050
- Salvation Army (2 locations) 1108 West Ash Street and 1304 Parkade Boulevard

Medical Care

Information related to covering the cost of medication, coordination of care, low cost medical resources, general questions.

Contact School Nurse, Michelle Pratt

Mental Health Care

Columbia is fortunate to have many options related to mental wellness. These include in person, telehealth and in-patient options. For school age children there are free service options. Contact Ryan Smith to help determine the best options for you and your family.

Holiday Assistance

Many of these programs start registering families early (September/October) and are first come first served

- Marine Corp Toys For Tots Melissa Barnes 573-826-1536
Toys for Tots will provide two toys per child. Call for information or fill out the on-line request form <https://columbia-mo.toysfortots.org/local-coordinator-sites/lco-sites/local-toy-request-single-form.aspx>
- Voluntary Action Center 403A Vandiver Dr. 573-874-2273 www.vacmo.org
VAC's annual Holiday Program provides families, elderly and disabled individuals with gifts and food for the holidays that they may not have otherwise had.
Note: Applications are taken beginning in September and additional slots may not be available

Housing and Utilities

- Columbia/Boone County Health Department 573-874-7355
www.como.gov/health/human-services/
- Central Missouri Community Action 573-443-1100
www.showmeaction.org
- Ameren UE 314-342-1000
www.ameren.com
- Voluntary Action Center (573) 874-2273
<https://www.vacmo.org/>

Before and After School Care/Childcare

- Adventure Club (573) 884-2582
- Boys and Girls Club (573) 874-1697
- Child Care Aware (866) 892-3228
<https://www.mo.childcareaware.org/>
Information and referral to childcare providers in your community
Information about child care financial resources.

Hygiene and Household Cleaning Products

- Voluntary Action Center (573) 874-2273
<https://www.vacmo.org/>

Transportation

- Voluntary Action Center (573) 874-2273
<https://www.vacmo.org/>
- City of Columbia Transit 573.874.2489
All fares are currently suspended
<https://www.gocomotransit.com/>